



Naperville

Seniors & Families Resources

Care Managers/Elder & Patient Advocates/Family Caregiver Assistance Agencies

- Trinity Advocacy Group - <https://trinityadvocacygroup.com/>
- Living Life w Dignity - <https://www.lifewithdignity.net/>
- North Shore Patient Advocates - <https://northshorern.com/>
- Senior Solutions; 630-246-2579; www.SeniorSolutions3.com (no fee)
- Elderwerks Resource Center: 855-462-0100; elderwerks.org; help@elderwerks.org (no fee)

Counseling, Mental Health, and Warm Lines (*accepts Medicaid or free services)

- Suicide & Crisis Prevention Hotline: 9-8-8* (call or text 24/7- Veterans press 1)
- AARP warm line: 888-281-0145* (has friendly volunteers to chat with- NOT a crisis line)
- Metropolitan Family Services: 630-784-4800* NAMI DuPage: 630-752-0066*
- Senior Home Sharing: in-home senior counseling; infor@seniorhomesharing.org; 630-519-4198
- Kathleen Crombie: Professional Organizer; 8-week support group that meets virtually 510-390-8187

County & Townships/Organization & De-Cluttering/Home Cleaning

- Naperville/Lisle TRIAD for seniors: <https://naperville-lisle-triad.org/>
- DuPage County Senior Services: 630-407-6500 Will County Senior Services: 815-723-9713
- Townships: NAPERVILLE 630-355-2786; LISLE: 630-968-2087; WHEATLAND: 630-717-0092
- Home for Life: Custom Home Modifications: 630-466-2611; www.homeforlifeadvantage.com
- Professional Organization and De-Cluttering: Paxem Inc: 847-829-4437
- Professional Organizing: Leslie Hatch Gail, PhD; 630-204-8527; leslie@declareorder.com
- In-home Cleaning Services: The Essential Housekeeping, Naperville: 877-255-8883
- Hoarding/Item Removal: Two Men & a Truck: 877-720-0411
- Service Master Cleaning: bodily fluids OK (except blood): 630-949-3425/ 800-737-7663
- Aftermath Biohazard & Mold Cleaning: 844-328-6163 (24/7 helpline)

Dementia Support

- General Dementia Info & Resources: <https://www.belmontvillage.com/dementia-care/>
- Alzheimer's Association: <https://www.alz.org/>
- 24/7 Helpline- Alzheimer's Association: 800-272-3900
- National Alzheimer's and Dementia Resource Center: <https://nadrc.acl.gov/>
- Naperville Memory Café: monthly social for caregivers and their loved ones @ Naperville Public Library



Naperville

Police Department:

- Non-emergency: 630-420-6666 Emergency: 9-1-1
- Police Social Worker Ali Smith, MSW, LCSW: 630-305-7061 (direct office); smithal@naperville.il.us

In-Home Healthcare (PT, OT, Rn, MD)

- Metro Home Visiting Physicians: 630-416-0754, 1240 Iroquois Ave St 200
- VNA Healthcare: 630-892-4355 Visiting Physicians Association: 630-756-5270
- Northwestern Medicine: 630-933-2374

Insurance & Benefits Assistance

- Medicare: www.medicare.gov – chat with live agents; 1-800-MEDICARE (800-633-4227)
- SHIP counselors: found at DuPage Co. community services, or Naperville Township
- Medicaid: Health Benefits Hotline: 1-800-843-6154
- Social Security: 1-800-772-1213 or www.socialsecurity.gov to create an online account & see benefits.

Legal

- Adult Protective Services/Illinois Elder Abuse 24/7 Hotline: 866-800-1409
- Ombudsman Advocates for Nursing Home Residents/Reporting Nursing Home Abuse: 800-252-4343
- Prairie State Legal Services: OOP/DV, guardianship/POA, \$ exploitation, divorce, nursing home discharge
 - DuPage (West Suburban Office): 630-690-2130 Will Co. (Joliet Office): 815-727-5123
- National Elder Law Foundation (find a certified elder law attorney): <https://nelf.org/>

Support Groups

- Belmont Village Carol Stream (Caregiver Support Group): jenavarr@belmontvillage.com; 630-510-2510
- Metropolitan Family Services: 630-784-4800
 - Caring for the Caregiver, Women Life Transition age 60+, Grandparents Raising Grandchildren
- Compass (Caregiver Support Group): St. Raphael Church, Kathy Ford, Rn, Naperville: 630-355-4545
- Fox Valley Hands of Hope (Grief): several alternating support groups; visit <https://www.fvhh.net/> or email griefsupport@fvhh.net to learn more about current offerings.

Transportation

- Ride Assist Naperville (RAN): www.rideassistnaperville.org 331-330-2257. (Rides available 8a-5p, free with optional donation. In-town medical and major hospital appointments only. Age 60+)
- Ride DuPage: 630-407-6500 (DuPage County Senior Services) or call Naperville Township (630-355-2786) to register as a new client. (Rides available 24/7, \$2/ride anywhere in DuPage Co. Ages 65+)