



# Naperville & Lisle TRIAD

*Stronger Together*

## Dear Friends and Partners:

To support healthy connections with friends and community, Naperville & Lisle Townships TRIAD and the Naperville Senior Task Force are organizing **new Circles of Friends**, connecting groups of 8-10 seniors together.

These groups will help participants make new friends, share stories, brag about their families, pray together, share information, play games and discuss common hobbies. Circles of Friends will meet for an hour once a week in a virtual environment, on a day of their choosing. TRIAD and the Naperville Senior Task Force will provide facilitators to manage the connection and engage the group in discussion.

As winter and the holiday season approach during the COVID-19 pandemic, we urge you to consider joining one of these Circles. Staying in touch with our families is rightfully our first priority. But maintaining our connection to friends and community is of equal importance to our personal well-being. Especially during this challenging time, it is essential to find new and creative ways to support one another.

We are **Stronger Together**.

## Naperville Senior Task Force

### Contact Information

Triad:  
NLTriadOutreach@gmail.com  
(630) 276-6128

Senior Task Force:  
seniortaskforce@naperville.il.us

## JOIN CIRCLES OF FRIENDS

Excited to join? Please email [NLTriadOutreach@gmail.com](mailto:NLTriadOutreach@gmail.com) and provide your address (ZIP code only is OK) and hobbies so we can evaluate grouping individuals by neighborhood and/or by common interests. For further information, please call (630) 276-6128. We look forward to connecting with you!

## TECHNOLOGY ASSIST NAPERVILLE

Technology Assist Naperville can provide the help you need to take advantage of the technology options available. To get started, email [seniortaskforce@naperville.il.us](mailto:seniortaskforce@naperville.il.us). Give us a brief description of what you need, and we'll assign a volunteer to get in touch.