

# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

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As used in this Resource Guide the terms "dementia" and "dementias" include Alzheimer's disease and related dementias

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<sup>1</sup> All section names are links to content; Ctrl + Click to follow the links.

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## I. Education and Information for Caregivers

Alzheimer's Association	<p>The Alzheimer's Association provides a free 24/7 Helpline staffed by master's-level clinicians and specialists that provides confidential support and information to all those affected in over 200 languages. See <a href="#">Appendix 1</a> for more information about this valuable resource.</p> <p>The Alzheimer's Association also offers webinars including Effective Communication Strategies, 10 Warning Signs of Alzheimer's, Dementia Conversations, Living with Alzheimer's for Younger Onset, Understanding Alzheimer's and Dementia. Through a variety of programs may provide treatment, current information, and local referral.</p>
<hr/> <p>24/7 Helpline: (800) 272-3900  <a href="http://www.alz.org">www.alz.org</a></p> <p>Alzheimer's Association Illinois Chapter              850 Essington Rd., Suite 200, Joliet, IL 60435  <a href="http://alz.org/illinois">alz.org/illinois</a>              (847) 933-2413</p>	
Dementia Friendly Illinois	<p>An excellent resource for those wanting to understand and learn to live with dementia and Alzheimer's disease. Provides tips on practical caregiving. Helps find support groups for caregivers. Provides information about events, training sessions and webinars all aimed to assist those caring for or living with dementia.</p>
<hr/> <p><a href="http://www.ilbrainhealth.org">www.ilbrainhealth.org</a></p>	
Northwestern University	<p>The Mesulam Center for Cognitive Neurology and Alzheimer's Disease offers a variety of programs for dementia patients, and support groups for caregivers.</p>
<hr/> <p>300 E. Superior St., Tarry 8, Chicago, IL 60611  <a href="http://www.brain.northwestern.edu">www.brain.northwestern.edu</a>              (312) 908-9339</p>	
National Institute of Mental Health	<p>Information about Alzheimer's disease and related dementia plus news, tips and resources for caregivers. The NIA conducts and supports research about health issues for older people, and is the primary Federal agency for Alzheimer's disease research.</p>
<hr/> <p><a href="http://www.nia.nih.gov/health/alzheimers">www.nia.nih.gov/health/alzheimers</a>              (800) 222-2225</p>	

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Alzheimer's Foundation of America	Resources for Alzheimer's and dementia caregivers. Offers a toll-free helpline 9am to 9pm ET seven days a week staffed by licensed, dementia-trained social workers; accepts calls in 90+ languages.
	322 Eighth Avenue, 16th Floor, New York, NY 10001 Helpline: (866) 232-8484 <a href="http://alzfdn.org/caregiving-resources">alzfdn.org/caregiving-resources</a> (866) 232-8484
U.S. Administration on Community Living	Offers families and caregivers information on housing, mental health resources, eldercare location, disability information and tips on emergency preparation, planning checklists, and ways to seek assistance after a disaster.
	<a href="http://www.acl.gov">www.acl.gov</a> (202) 401-4634
Family Caregiver Alliance (FCA)	FCA offers online resources for caregivers to improve their quality of life.
	235 Montgomery St., Ste 930, San Francisco, CA 94104 <a href="http://www.caregiver.org/caregiver-resources/">www.caregiver.org/caregiver-resources/</a> (800) 445-8106

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## II. *Services Providers*

Dementia Friendly Naperville	<p>Dementia Friendly Naperville offers a <b>Memory Café</b> - a social gathering of individuals living with dementia and their care partners. It offers a place for both caregivers and care recipients to socialize together and connect with others in similar situations. Activities vary and include education, music, games, and arts.</p> <p>Memory Cafés are offered at the Naperville Public Library, 95th Street Branch, on the second Tuesday of every month from 2:00 pm to 3:30 pm. Register online at <a href="http://www.naperville-lib.org">www.naperville-lib.org</a>. Walk-ins are always welcome.</p> <hr/> <p style="text-align: center;">(630) 710-7502 for more information</p>
DuPage County Community Services	<p>DuPage County Community Services offers several programs that facilitate an independent lifestyle for county residents, aged 60 or older, and provides information on other benefits for which seniors may qualify. Services include day services, emergency home response systems, homemaker services and money management for frail adults who are at least 60+.</p> <hr/> <p style="text-align: center;">421 N. County Farm Road, Wheaton, IL 60187 <a href="#">Click for DuPage Community Services</a> (630) 407-6500</p>
Senior Services of Will County	<p>Senior Services provides many programs to empower those 60+ to live self-sufficient, safe and healthy lives. Senior Services of Will County also acts as the representative of the Illinois Department of Aging within our communities. Folks seeking to see if they qualify for our services may call our intake line at 815-740-4225. Case managers will follow up to see what programs might be right for you or your loved ones.</p> <hr/> <p style="text-align: center;">251 N. Center St., Joliet, IL 60435 <a href="http://willcountyseniors.org">willcountyseniors.org</a> (815) 723-9713</p>
Family Caregiver Programs	<p>Financial assistance is available for both individuals with dementia and caregivers to help keep the individual safe in their home for as long as possible. Services available include the creation of an individualized care and resource plan using the online T-Care Assessment tool. Services can include chore, housekeeping and grocery shopping services; assistance with rent/mortgage and/or utilities; short term medication; supplies; home improvements for accessibility and</p>

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	<p>safety; transportation including ride services, vehicle adaptations and gas cards.</p> <p>Funds can also be used for technology such as wander prevention systems, Amazon Alexa devices, security cameras, robotic pets and sensory quilts; dentures, hearing aids and wearable GPS devices; and in home, facility or adult day services for short term respite.</p>
	<p>In DuPage County: 421 N. County Farm Road, Wheaton, IL 60187 <a href="#">Click for the DuPage Family Resource Center</a> (630) 407-6500</p>
	<p>In Will County 251 N. Center St., Joliet, IL 60435 <a href="#">Click for the Will County Family Resource Center</a> (815) 723-9713</p>
<p>Riverwalk Adult Day Services</p>	<p>Riverwalk Adult Day Services offers an online Stress Busters training program for caregivers. The class meets for 90 minutes online once a week for nine weeks. The class can accommodate groups of up to eight people.</p>
	<p>305 W. Jackson Ave, Naperville, IL 60540 <a href="http://www.riverwalkadulldayservices.com/">www.riverwalkadulldayservices.com/</a> (630) 357-8166</p>
<p>Metropolitan Family Services</p>	<p>Senior counseling helps physically, emotionally and/or economically vulnerable older adults function as independently as possible. It includes in-home or office assessments, family and individual counseling, support groups, case management and links to resources. Family caregiver support groups give children of aging parents, spouses and long-distance caregivers an opportunity to share caregiving concerns, learn to balance their needs with those of their loved ones, manage stress, feel supported by others who share their journey, and get helpful tips and resources.</p>
	<p>600 South Washington St., Naperville, IL 60540 <a href="http://www.metrofamily.org">www.metrofamily.org</a> (630) 717-0447</p>
<p>In-Home Senior Respite Program</p>	<p>Provides screened and trained volunteers recruited from faith organizations and the general community. Volunteers may provide either weekly or intermittent respite visits to a particular family.</p>
	<p>222 E. Willow Avenue, Wheaton, IL 60187 (630) 784-4875</p>

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Ray Graham Association	<p>Provides specialized residential services for adults and developmental disabilities experiencing dementia and Alzheimer's.</p> <hr/> <p style="text-align: center;">901 Warrenville Road, Suite 500, Lisle, IL 60532  <a href="http://www.raygraham.org/">www.raygraham.org/</a>            (630) 620-2222</p>
AgeGuide	<p>AgeGuide provides kits in rolling suitcases, containing books, music, games and other items. Kits are available free of charge to community organizations, care facilities and caregivers and can be checked out for a month at time.</p> <p><i>"Tales and Travel Memories"</i> is a one-hour program that takes individuals diagnosed with dementia on an imaginary trip to another country utilizing books, music, artifacts, folktales and interesting facts about each destination. Destinations include Central America, Canada, Japan and Mexico.</p> <p><i>Music &amp; Memory/Alive Inside</i> is an inter-generational program partnering with volunteer high school students who conduct interviews with participants and deliver a playlist of songs based on the participants interests and feedback from the interview. Personalized music can activate cognition, boost spirits, decrease pain, brighten moods, provide respite, and have many other positive impacts on people living with cognitive challenges.</p> <p>The <i>Good Memories Choir</i> is an 8 week sing along program for people living with Alzheimer's or another dementia and their caregivers. No musical experience or training is needed.</p> <hr/> <p style="text-align: center;">1910 S. Highland Ave. Ste. 100, Lombard, IL 60148  <a href="http://www.ageguide.org">www.ageguide.org</a>            (800) 528-2000</p>
American Red Cross	<p>The Military and Veteran Caregivers Network (MVCN) hosts online support groups to offer caregivers the opportunity to connect and engage with peers to support one another.</p> <p>These groups are hosted using Zoom video so caregivers are able to interact face to face using a computer or mobile device, or join by phone.</p> <hr/> <p style="text-align: center;">1293 Windham Parkway, Romeoville, IL 60446  <a href="http://www.redcross.org/military-veteran-caregiver-network">www.redcross.org/military-veteran-caregiver-network.</a>            (630) 378-0344</p>
DuPage Senior Citizens Council	<p>Serves seniors in DuPage County as well as some surrounding communities. Services include home meal delivery, community dining,</p>

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	<p>well-being checks, health and wellness education, yard clean ups, minor home repairs, pet care and food assistance, contractor referrals, friendly phone calls and intergenerational activities.</p> <hr/> <p>1990 Springer Drive, Lombard, IL 60148  <a href="http://www.dupageseniorcouncil.org">http://www.dupageseniorcouncil.org</a>          (630) 620-0804</p>
<p>Family Caregiver Alliance National Center on Caregiving</p>	<p>Education and online support groups for caregivers.</p> <hr/> <p>101 Montgomery Street Suite 2150, San Francisco, IL 94104  <a href="http://www.caregiver.org">www.caregiver.org</a>          (800) 445-8106</p>
<p>AIM Center for Independent Living</p>	<p>Provides services in DuPage County to persons with disabilities. Appointment only at this time.</p> <hr/> <p>3130 Finley Road, Suite 500, Downers Grove, IL 60515  <a href="http://www.aim-cil.org">www.aim-cil.org</a>          (630) 469-2300</p>
<p>Disability Resource Center</p>	<p>In Will County provides advocacy; peer counseling; information and referral; independent living skills; and transition services.</p> <hr/> <p>77 N. 129<sup>th</sup> Infantry Drive, Joliet, IL 60435  <a href="http://www.drcjoliet.org">www.drcjoliet.org</a>          (815) 729-0162</p>
<p>Local Term Care Ombudsman Program</p>	<p>Long Term Care Ombudsmen help when residents or family members have questions and concerns about the rights of older consumers receiving long-term care; quality of care or treatment from a long-term care service provider; appeals regarding transfers, discharges, discontinuance or changes in services; and billing and charges, including those covered by Medicare and Medicaid. Anyone can file a complaint about a long-term care service provider. Complaints may be filed anonymously.</p> <hr/> <p>DuPage County: DuPage County Department of Community Services (DuPage County)          421 North County Farm Road, Wheaton, IL 60187  <a href="http://www.dibbern.com/ombudsman/il-long-term-care-ombudsman.htm">www.dibbern.com/ombudsman/il-long-term-care-ombudsman.htm</a>          (800) 942-9412; Main Intake Line: (630) 407-6500</p>

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Catholic Charities, Diocese of Joliet (Will County)  
16555 Weber Rd., Crest Hill, IL 60403  
[catholiccharitiesjoliet.org](http://catholiccharitiesjoliet.org)  
(815) 724-1120

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## III. Financial Assistance

AgeGuide	Can provide supplemental funds to help pay for short term services, adaptive services and supplies for anyone with Alzheimer's or related dementia.
	1910 S. Highland Ave. Ste. 100, Lombard, IL 60148 <a href="http://www.ageguide.org">www.ageguide.org</a> (800) 528-2000
DuPage County Community Services	Can provide supplemental funds to assist with utility bills, rent payments, caregiver respite, assistive equipment and devices to reduce social isolation.
	421 N. County Farm Road, Wheaton, IL 60187 <a href="http://www.dupagecounty.gov/government/departments/community_services/index.php">www.dupagecounty.gov/government/departments/community_services/index.php</a> (630) 407-6500
DuPage Physicians Medical Assistance Program (DPMAP)	DuPage Human Services provides financial assistance and help with prescription bills, medical supplies & healthcare fees for those that live in DuPage
	421 N. County Farm Road, Wheaton, IL 60187 <a href="http://www.rxresource.org/prescription-assistance/dupage-physicians-medical-assistance-program.html">www.rxresource.org/prescription-assistance/dupage-physicians-medical-assistance-program.html</a> 630-407-6500

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## IV. Legal Assistance

Prairie State Legal Services	Legal services include arranging for and providing assistance in resolving civil legal matters, protecting legal rights, providing legal advice, community legal education and conducting research concerning legal rights and responsibilities by an attorney-at-law or a person under the supervision of an attorney. Clients shall be 60 years and older who have a problem that requires assistance from an attorney or a paralegal. Efforts will be extended to those who are homebound and those residents who are in institutions. Case priorities shall be set to target basic human needs to include but not limited to health care, shelter, income maintenance and safety.
31W001 East North Avenue Suite 100, West Chicago, IL 60185 <a href="http://www.pslegal.org">www.pslegal.org</a> (800) 690-2130	
Legal Advocates for Seniors and People with Disabilities	LASPD provides low-cost legal services to seniors and people with disabilities who are facing financial hardships and are victims of harassment by unsecured creditors.
180 North Michigan Avenue, Suite 908, Chicago, IL 60601 <a href="http://www.mylegaladvocates.org">www.mylegaladvocates.org</a> (866) 785-3328	
National Academy of Elder Law Attorneys	The mission of the NAELA is to educate, inspire, serve, and provide community to attorneys with practices in elder and special needs law. Members of NAELA are attorneys who are experienced and trained in working with the legal problems of older Americans and individuals of all ages with disabilities. Use their directory to find a local attorney <a href="http://www.naela.org/findlawyer">www.naela.org/findlawyer</a>
1577 Spring Hill Rd. Suite 310, Vienna, VA 22182 <a href="http://www.naela.org">www.naela.org</a> (703) 942-5711	
National Elder Law Foundation	The National Elder Law Foundation (NELF) is the only national organization certifying practitioners of elder and special needs law. NELF's Certified Elder Law Attorney designation is itself certified by the American Bar Association. There are over 500 CELAs across the country, and our numbers are growing steadily.
6336 N. Oracle Rd., Ste. 326 #136, Tucson, IL 85704 <a href="http://www.nelf.org">www.nelf.org</a> (520) 881-1076	

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Strohschein Law Group	<p>Services include estate planning, long-term care planning, care coordination, guardianship, estate and trust administration and probate litigation.</p> <hr/> <p style="text-align: center;">455 Dunham Rd. Suite 200, St. Charles , IL 60174  <a href="http://www.strohscheinlawgroup.com">www.strohscheinlawgroup.com</a>          (630) 300-0627</p>
Kane County Law Library & Self-Help Legal Center	<p>The Kane County Law Library &amp; Self Help Legal Center is located within the Kane County Judicial Center and is open to the public. The Library houses the County's core of legal research materials, including print products and online databases. The professional library team provides outstanding service supporting its governing statute and furthering open and equal access to legal and governmental information. Must inquire in person to make an appointment</p> <hr/> <p style="text-align: center;">37 W777 Route 38, 2nd Floor, St. Charles , IL 60174  <a href="http://www.kclawlibrary.org/">www.kclawlibrary.org/</a>          (630) 406-7126</p>
DuPage Legal Aid Services	<p>DuPage Legal Aid is dedicated to providing the highest level of legal representation possible to lower income residents of DuPage County in many areas of the law.</p> <hr/> <p style="text-align: center;">126 S. County Farm Road, Wheaton, IL 60187  <a href="http://www.dupagelegalaid.org">www.dupagelegalaid.org</a>          (630) 653-6212</p>
Administer Justice	<p>Free law clinic for low-income residents.</p> <hr/> <p style="text-align: center;">27W500 North Avenue, West Chicago, IL 60195  <a href="http://www.administerjustice.org">www.administerjustice.org</a>          (855) 818-4554</p>
DuPage County Bar Association Lawyer Referral Service	<p>Assists individuals to find an attorney in their hometown.</p> <hr/> <p style="text-align: center;">126 S. County Farm Rd., Wheaton, IL 60187  <a href="http://www.dcba.org">www.dcba.org</a>          (630) 653-7779</p>
DuPage County State's Attorney	<p>Combined efforts to work with State's Attorney's office on behalf of seniors and persons with disabilities</p>

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	<p>421 N. County Farm Rd, Wheaton, IL 60187  <a href="http://www.dupagecounty.gov/statesattorney/">www.dupagecounty.gov/statesattorney/</a>            (630) 407-6500</p>
Hope Fair Housing Center	<p>Promoting equal housing, lending and insurance opportunities for people of all income levels</p> <p>245 W. Roosevelt Road #15-107, West Chicago, IL 60185  <a href="http://www.hopefair.org">www.hopefair.org</a>            (630) 690-6500</p>
AIM Center for Independent Living	<p>Provides advocacy and services to persons with disabilities in DuPage County. Appointment only.</p> <p>3130 Finley Road, Suite 500, Downers Grove, IL 60515  <a href="http://www.aim-cil.org">www.aim-cil.org</a>            (630) 469-2300</p>
Disability Resource Center	<p>Provides advocacy and services to persons with disabilities in Will County. Appointment only.</p> <p>77 N. 129th Infantry Drive, Joliet, IL 60435  <a href="http://www.drcjoliet.org">www.drcjoliet.org</a>            815-729-0162</p>
Office of the Public Guardian	<p>Serves as guardian for individuals with an estate of \$25,000 or more. They are paid from the estate of the person for whom they are guardian as directed by the court. Statute defines the responsibilities of this office and includes preparing inventories of property, monthly contact, receiving periodic reports from caregivers, etc.</p> <p>1730 Park Street, Suite 117, Naperville, IL 60563            (630) 578-1112</p>

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## V. Local Government

Forest Preserve District of DuPage County	Offers "Mindful Nature Strolls" designed for seniors with limited mobility or memory impairment. A one mile (or less) guided nature stroll on flat-surfaced trails appropriate for wheelchairs, walkers and canes. Specially trained volunteers increase participant confidence by providing companionship as well as safety.
	3S580 Naperville Road, Wheaton, IL 60189 <a href="http://www.dupageforest.org">www.dupageforest.org</a> (630) 933-7200
Forest Preserve District of Will County	Offers a variety of in-person and virtual programs for seniors.
	17540 Laraway Road, Joliet, IL 60433 <a href="http://www.reconnectwithnature.org">www.reconnectwithnature.org</a> (815) 727-8700
Naperville Township	Provides information about financial assistance for seniors. Also has a program to loan walkers and other medical devices for seniors.
	139 Water Street, Naperville, IL 60540 <a href="http://www.napervilletownship.com">www.napervilletownship.com</a> (630) 355-2786
Lisle Township	Provides information about financial assistance for seniors.
	4711 Indiana Ave., Lisle, IL <a href="http://www.lisletownship.com/senior-services">www.lisletownship.com/senior-services</a> (630) 968-2087
Naperville Fire Department	Through this program, Naperville senior citizens receive in-home safety information as well as fire and fall prevention tips. Every home visit includes a written home safety survey with smoke detectors (if needed), a carbon monoxide detector, kitchen fire extinguisher, and other goodies.
	1380 Aurora Ave., Naperville, IL 60540 <a href="http://www.naperville.il.us/services/naperville-fire-department/">www.naperville.il.us/services/naperville-fire-department/</a> (630) 305-5900
Naperville Police Department	The "Caring Hands" program allows residents to voluntarily provide critical information about themselves or loved ones to Naperville's Firefighters and Police Officers before they have any type of interaction. Information provided includes methods of

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	<p>communication, sensory and medical issues, as well as approach and de-escalation techniques. The Fast Track Program provides radio devices to help locate missing persons with disabilities.</p> <hr/> <p>320 W. Jackson Ave., Naperville, IL 60540  <a href="http://www.naperville.il.us/services/naperville-police-department/">www.naperville.il.us/services/naperville-police-department/</a>          (630) 848-5000</p>
Naperville Park District	<p>Offers a variety of in-person and virtual programs for seniors.</p> <hr/> <p>1350 Aurora Ave., Naperville, IL 60540  <a href="http://www.napervilleparks.org/">www.napervilleparks.org/</a>          (630) 420-6666</p>
Naperville Public Library	<p>Offers many virtual programs for adults. Go to:  <a href="https://www.facebook.com/watch/naperlib/">www.facebook.com/watch/naperlib/</a></p> <hr/> <p>200 W. Jefferson Ave., Naperville, IL 60540  <a href="http://www.naperville-lib.org">www.naperville-lib.org</a>          (630) 961-4100</p>
Social Security Local Offices	<p>Services residents of: Aurora, Carol Stream, Eola, Fox Valley, Naperville, Warrenville, West Chicago, Wheaton and Winfield. Hours: Mon, Tues, Thurs, Fri 9-3pm, Wed, 9-noon</p> <hr/> <p>1325 N. Lake Street, Naperville, IL 60506          (877) 274-5412</p>
Social Security Local Offices	<p>Services residents of: Burr Ridge, Clarendon Hills, Dairen, Downers Grove, Glen Ellyn, Glendale Heights, Hinsdale, Lisle, Oak Brook, Westmont, and Willowbrook. Hours: Mon, Tues, Thurs, Fri 9-3pm, Wed, 9-noon</p> <hr/> <p>7440 Providence, Woodridge, IL 60517          (866) 303-2724</p>
Illinois Department of Public Health (IDPH)	<p>Assures that long term care facilities meet the licensing requirements of the state and that they comply with federal and state rules and regulations.</p> <hr/> <p>245 W. Roosevelt Road #5, West Chicago, IL 60185  <a href="http://www.idph.state.il.us">www.idph.state.il.us</a>          (800) 252-4343 (Central Complaint Registry)</p>

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## VI. *Adult Day Services*

Golden Elders	Specializes in Alzheimer’s and dementia adults. Offers warm companionship and rich experience for seniors and disabled adults in a home environment Our educated staff are trained in AED and are certified in CPR.
1617 Swallow St., Naperville, IL 60565 <a href="http://www.goldenelders.com">www.goldenelders.com</a> (630) 946-4091	
Naperville Senior Center	Eligible adult participants include those who are socially isolated or who have recently been discharged from a hospital, nursing home or rehabilitation center. Activities including walking, cards, and games, singing, pet therapy, movie matinees and dancing.
1504 N. Naper Blvd. Ste 120, Naperville, IL 60563 <a href="http://www.napervilleseniorcenter.com">www.napervilleseniorcenter.com</a> (630) 857-3017	
Riverwalk Adult Day Services	Provides a healthy, monitored environment for adults to socialize with other adults, staff, and guests. Nutritious snacks and a lunch are provided throughout the day or, if they prefer, participants can bring their own meals. Activities include performances, visits from animals, games and directed exercise.
305 W. Jackson Ave., Naperville, IL 60540 <a href="http://www.riverwalkadulthoodservices.com">www.riverwalkadulthoodservices.com</a> (630) 357-8166	
Tabor Hills Senior Day Services	The program is for seniors over the age of 55 who would benefit from the socialization, stimulation, supervision, safety and security offered by a senior day program, as well as caregivers who need to regain a sense of themselves and would benefit from respite from the duties of caregiving. All participants have access to programs and services on campus. With a physician referral, physical, occupational, and speech therapy is available to participants in our state-of-the-art rehabilitation suite. A hair salon (reasonable fee) and ice cream parlor (free for participants) are also available. Special performances and activities in our Healthcare and Supportive Living Facility will include Senior Day participants, if desired.
1347 Crystal Avenue, Naperville, IL 60563 <a href="http://www.taborhills.org/senior-day-services">www.taborhills.org/senior-day-services</a> (630) 778-6677	

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<p>Universal Metro Asian Services</p>	<p>Adult day services centers provide a venue for the elderly to get involved in structured and fun-filled activities. We provide breakfast, hot lunch, and snacks to our participants. On-site medical monitoring is available by trained nurses. Yoga and fitness sessions, health education and seminars, recreational activities, and round-trip transportation services from their home to the centers by our experienced drivers are also available free of charge for those who qualify.</p>
<p>1032 E. Ogden Ave., Naperville, IL 60563  <a href="http://www.umasinc.com">www.umasinc.com</a>            (630) 705-1208</p>	
<p>Xilin Association</p>	<p>Xilin’s adult day services provides therapeutic activities, health related services, and an individualized care plan for medically and/or cognitively frail elderly adults between 8:30am to 2:30pm. The activities are specially designed for seniors to prevent memory loss, create independence through a structured, secure and therapeutic setting, and relieve caregivers from burning out. Our adult day services include personal care plans that are developed and monitored by an onsite nurse, nutritional meals that are designed and monitored by a dietician, transportation arrangements upon request, an interdisciplinary team that works with participants and regularly communicates with family members on the participant’s progress.</p>
<p>1163 E. Ogden Ave. Suite 610, Naperville, IL 60563  <a href="http://www.xilin.org">www.xilin.org</a>            (630) 355-4322</p>	
<p>Alvernia Manor</p>	<p>Daily program activities: Independent/Assisted Living, memory, cooking, hot meals, hands-on, crafts, outings, therapy</p>
<p>13950 Main Street, Lemont, IL 60439  <a href="http://www.alverniamanor.org">http://www.alverniamanor.org</a>            (630) 257-7721</p>	
<p>Community Adult Day Services</p>	<p>Adult Day Services - limited to 17 clients daily. Provides socialization and structure in a dignified and pleasant environment for adults needing daytime care. Exercise, daily activities, snacks, hot meals. 7:30-5:45</p>
<p>4501 Main Street, Downers Grove, IL 60515  <a href="http://www.communityadulthoodcare.com">www.communityadulthoodcare.com</a>            (630) 968-1060</p>	



# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

Elder Day Center, Inc.	<p>Comprehensive adult day program with recreation and health maintenance, exercise and nutrition, memory care, caregiver support, activity programming and nursing care.</p> <hr/> <p style="text-align: center;">328 W. Wilson St., Batavia, IL 60510  <a href="http://www.elderdaycenter.org">www.elderdaycenter.org</a>          (630) 761-9750</p>
Esse Adult Day Services	<p>ESSE offers a safe nurturing environment enabling adults to participate in cognitive and physical activities throughout the day while caregivers receive the much-needed respite that is deserved.</p> <hr/> <p style="text-align: center;">27 S. Edgelawn, Aurora, IL 60506  <a href="http://www.esseadultdaycare.org">www.esseadultdaycare.org</a>          (630) 791-9319</p> <p style="text-align: center;">515 S. Wheaton Avenue, Wheaton, IL 60187  <a href="http://www.esseadultdaycare.org">www.esseadultdaycare.org</a>          (630) 446-1506</p> <p style="text-align: center;">41 N. Park Blvd., Glen Ellyn, IL 60137  <a href="http://www.esseadultdaycare.org">www.esseadultdaycare.org</a>          (630) 858-1005</p>
Expression at Advocate Lutheran General	<p>EXPRESSIONS is a memory-enhancement day services program for people diagnosed with early-stage Alzheimer's disease or related dementia. Sessions provide a safe, positive, strength-based environment that allows participants to learn, share and engage together.</p> <hr/> <p style="text-align: center;">9375 W Church St, Des Plaines, IL 60016  <a href="http://www.advocatehealth.com/luth/health-services/senior-services">www.advocatehealth.com/luth/health-services/senior-services</a>          (847) 723-7770</p>
Family and Friend Adult Day Center	<p>Provides daily activities: table games, arts and crafts. Physical activities with different equipment to stimulate the mobility and memory.</p> <hr/> <p style="text-align: center;">701 Abe St., Joliet, IL60432          (815) 557-7010</p>
MedTec Senior Day Center	<p>By engaging in social and enriching activities, members keep their minds sharp and spirits high while providing a break for family and other caregivers. Provides transportation, meals, an on-site nurse,</p>

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group activities, a game room, library, computer center, music, arts & crafts, and games.

1415 Bond Street, Suite 111, Naperville, IL 60563  
[www.medtechhealthcare.com](http://www.medtechhealthcare.com)  
(630) 995-3408

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# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

## VII. Home Care

### Non-Medical Home Care Providers

Assisting Hands – Downers Grove	Our home care services range from providing personal care to preparing meals, light household upkeep to companion care and more.
5120 Belmont Rd. Suite 1, Downers Grove, IL 60515 <a href="http://www.assistinghands.com">www.assistinghands.com</a> (630) 352-3656	
Assisting Hands - Naperville	24/7 live-in care; hourly companionship; post-hospital discharge support; transportation; Alzheimer's/dementia care; fall prevention; Parkinson's; medication management; palliative/hospice; first aid and CPR
5120 Belmont Rd, Suite I, Woodridge, IL 60563 <a href="http://assistinghands.com/8/illinois/chicagoland-naperville/">assistinghands.com/8/illinois/chicagoland-naperville/</a> (630) 305-9100	
Brightstar Care	Provides a range of home care services, from companionship to skilled nursing and one hour to 24/7 care. <i>Also provides: Home Nursing Care</i>
1809 Mill St. Suite F, Naperville, IL 60563 <a href="http://www.brightstarcare.com/naperville-south-dupage">www.brightstarcare.com/naperville-south-dupage</a> (630) 778-2005	
Cure Home Care Services	Personal care, meal preparation, medication reminders, light housekeeping, companionship, respite care
29w701 Butterfield Road, Warrenville, IL60555 <a href="http://curehomecare.com">curehomecare.com</a> (630) 836-9977	
Elder Bridge	Meal preparation, shopping and errands, medical reminders, incidental transportation, recreational activities, companionship
799 Roosevelt Rd Bldg 6, Ste 122, Glen Ellyn, IL 60137 <a href="http://www.elderbridge.com">www.elderbridge.com</a> (630) 793-9308	
European Best Care	Bathing services, personal care, assistance with exercise, medication reminders, respite care, meal preparation, housekeeping, laundry,

# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

	<p>transportation to appointments, grocery shopping, and companionship. NOTE: all care givers are independent contractors.</p> <hr/> <p>931 W. 75th Street, Unit 137, Naperville, IL 60565  <a href="http://www.europeanbestcare.com">www.europeanbestcare.com</a>          (630) 202-2421</p>
Everest Healthcare Solutions	<p>Assistance with activities of daily living, housekeeping, laundry, meal preparation, medication monitoring, shopping.  <i>Also provides:</i> Home Health Care          Provides services as prescribed by a physician including nursing services and other therapy services (P.T., O.T., speech therapy, medical social services).</p> <hr/> <p>75 Executive Drive, Suite 104, Aurora, IL 60504  <a href="http://www.everest-solutions.com">www.everest-solutions.com</a>          (630) 405-7244</p>
Home Instead Senior Care	<p>Services include companionship, personal care, meals and nutrition, transportation, household duties, respite care, hospice care, 24/7 live-in care.</p> <hr/> <p>500 E. Ogden Ave. Suite 204, Naperville, IL 60563  <a href="http://www.homeinstead.com">www.homeinstead.com</a>          (630) 519-1446</p>
Homewatch Caregivers	<p>In-home care services include elder care, dementia care, care for chronic conditions, hospital discharge care and respite care.</p> <hr/> <p>300 East Fifth Avenue Suite 380C, Naperville, IL 60563  <a href="http://www.homewatchcaregivers.com/naperville/">www.homewatchcaregivers.com/naperville/</a>          (331) 214-3272</p>
Right at Home	<p>After our initial meeting with you, we develop a Custom Care Plan. This plan is tailored to a person's specific needs, and we make detailed recommendations on exactly what kind of services we feel would benefit them. We then arrange a follow-up meeting to go over the Custom Care Plan in detail and modify it as your client sees fit.</p> <hr/> <p>1783 S. Washington St. Ste 108B, Naperville, IL 60565  <a href="http://www.rightathome.net/chicago-southwest-suburbs">www.rightathome.net/chicago-southwest-suburbs</a>          (630) 717-8477</p>
Synergy Home Care	<p>Personal care needs, light housekeeping, companionship, live-in care, 24 hour care, recovery assistance, respite care, errands and transportation, meal preparation</p>

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	<p>799 Roosevelt Road, Bldg 4, Suite 105, Glen Ellyn, IL 60137  <a href="http://www.synergyhomecare.com">www.synergyhomecare.com</a>            (630) 517-0068</p>
<p>Visiting Angels Living Assistance Service</p>	<p>Visiting Angels Senior Care and In Home Assisted Living Services can assist elderly people located in Glen Ellyn, Lombard, Wheaton, Carol Stream, Winfield, Downers Grove, Oak Brook and Naperville, Illinois and surrounding areas in Du Page County, Illinois. Because we are an essential personal home care services franchised agency and not a nursing agency, Visiting Angels Senior Care and In Home Assisted Living Services does not dictate to you what your schedule is to be. It is our job to assist those we serve by adjusting our schedules to keep your loved one comfortable in their homes.</p>
	<p>1415 Bond St. #123, Naperville, IL 60563  <a href="http://www.visitingangels.com">www.visitingangels.com</a>            (877) 618-4748</p>
<p>MedTec In-Home Care</p>	<p>Provides professional support with everyday tasks. Services include companionship, personal care, meals, and household tasks. Home care aides speak several languages including English, Korean and Spanish. Services are also available through the Community Care Program for those qualified. Licensed for both DuPage and Will Counties.</p>
	<p>1415 Bond St. #111, Naperville, IL 60563  <a href="http://www.medtechealthcare.com/">http://www.medtechealthcare.com/</a>            (630) 995-3408</p>

## Home Health Care and Home Nursing Care Providers

<p>1776 Senior Care</p>	<p>Home Nursing Care: in-home nursing, geriatric care management, medical alert systems</p>
	<p>800 Roosevelt Road, E114, Glen Ellyn, IL60137  <a href="http://www.1776seniorcare.com/">www.1776seniorcare.com/</a>            (630) 469-4515</p>
<p>American Home Health</p>	<p>Home Health Care: Adult home care, adult private duty, adult supportive services, adult infusion nursing  <i>Also provides: Non-Medical Home Care</i></p>

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	<p>1600 N. Farnsworth Avenue, Suite 3, Aurora, IL 60505  <a href="http://www.ahhc-1.com">www.ahhc-1.com</a>            (630) 236-3501</p>
DMJ Home Health Care	<p>Home Health Care: skilled nursing, PT, OT, speech therapy, home health aide, medical social worker</p> <hr/> <p>2720 E. New York Street, Aurora, IL 60502  <a href="http://www.dmjhomehealthservices.com">www.dmjhomehealthservices.com</a>            (630) 340-3527</p>
Maxim Health	<p>Home Nursing Care: Our team of nurses, therapists and home health aides (HHAs) provide a comprehensive level of care and support in the comfort of the home. We work with patients, families, and physicians to implement a plan that promotes clinical excellence and outstanding customer service. Maintaining a fulfilling daily life for our patients by providing exemplary nursing care is our priority.</p> <hr/> <p>377 E. Butterfield Rd. Suite 100, Lombard, IL 60148  <a href="http://www.maximhealthcare.com">www.maximhealthcare.com</a>            (630) 778-0800</p>
MCM Loving Health Care	<p>Home Health Care: Services include skilled nursing, physical therapy, occupational therapy, speech pathology, medical social services and home health aide.</p> <hr/> <p>1620 Pebblewodd Ln. #232, Naperville, IL 60563  <a href="http://www.mcmlovinghc.com">www.mcmlovinghc.com</a>            (630) 548-9200</p>
Metro Home Health Care	<p>Home Health Care: Services include skilled nursing, physical therapy, occupational therapy, speech pathology, medical social services and home health aide.</p> <hr/> <p>1032 E. Ogden Ave. Suite 106, Naperville, IL 60563  <a href="http://www.mhhcinc.com">www.mhhcinc.com</a>            (331) 472-1318</p>
Resilience Home Health, Corp.	<p>Home Health Care: Post surgical care, wound care, medication management, nutrition assessment</p> <hr/> <p>3845 McCoy Drive, Studio 103, Aurora, IL 60504  <a href="http://www.resiliencehomehealth.com">www.resiliencehomehealth.com</a>            (630) 236-8800</p>

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## VIII. *Memory Care Facilities*

Alden Estates of Naperville	Offers short-term rehabilitation, transitional care, post-acute services ,respite
	1525 Oxford Lane, Naperville, IL 60565 <a href="http://www.aldenstatesofnaperville.com">www.aldenstatesofnaperville.com</a> (630) 983-0300
Arbor Terrace Naperville	Arbor Terrace Naperville provides residents with a lifestyle focused on wellness and meaningful social connections. Our assisted living, Bridges program, and dementia care options allow us to provide individualized care and assistance for everyone who calls our community home.
	2920 Leverenz Road, Naperville, IL 60564 <a href="http://www.arborcompany.com/locations/illinois/naperville">www.arborcompany.com/locations/illinois/naperville</a> (630) 219-3670
The Auberge Naperville	Auberge at Naperville includes a specially designed neighborhood to serve the special needs of individuals living with Alzheimer's disease, dementia and other forms of memory loss. Every day we make it a goal to go above and beyond to enrich the lives of our residents. With our SPARK Lifestyle program, a Montessori-inspired philosophy for care, we create a specialized, life-enriching environment that affords each individual maximum self-expression.
	1936 Brookdale Rd., Naperville, IL 60563 <a href="http://www.aubergenaperville.com">www.aubergenaperville.com</a> (630-778-9221)
Harbor Chase of Naperville	Offers assisted living, memory care, independent living, respite care and skilled nursing.
	1619 N. Mill St., Naperville, IL 60563 <a href="http://www.harborchase.com/harborchase-naperville">www.harborchase.com/harborchase-naperville</a> 630-701-6040
Meadowbrook Naperville	Meadowbrook offers a safe & secure environment for individuals with Alzheimer's & dementia. There are a variety of activities, specially-trained staff, and a sense of comfort people will grow to rely.
	720 Raymond Drive, Naperville, IL 60540 <a href="http://www.meadowbrookrehabilitation.com">www.meadowbrookrehabilitation.com</a> 630-355-0220



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Monarch Landing	<p>Price all inclusive, private rooms, skilled nursing, respite/short term stay, nurse on staff, dr. visit, secured courtyard, small pets</p> <hr/> <p>2308 N Rte 59, Naperville, IL 60563  <a href="http://www.thespringsatmonarchlanding.com">www.thespringsatmonarchlanding.com</a>          (630) 300-1246</p>
Pearl of Naperville	<p>Provide a safe, secure, homelike environment where residents maintain an optimal level of self-care for as long as possible. Residents are stimulated mentally, physically and socially to utilize their abilities</p> <hr/> <p>200 W. Martin Ave., Naperville, IL 60540  <a href="http://www.pearlnaperville.com">www.pearlnaperville.com</a>          630-355-4111</p>
Spring Meadows Naperville	<p>Offers independent living, assisted living support services, memory care support services and respite care.</p> <hr/> <p>504 River Rd., Naperville, IL 60563  <a href="http://www.assistedliving.com/illinois/naperville/spring-meadows-at-naperville/">www.assistedliving.com/illinois/naperville/spring-meadows-at-naperville/</a>          630-548-4488</p>
Sunrise of Naperville	<p>One of two communities on the Naperville Campus offering a variety of care including assisted living, short-term stays, coordination of hospice care, as well as care for Alzheimer’s and dementia.</p> <hr/> <p>960 E. Chicago Ave., Naperville, IL 60540  <a href="http://www.sunriseseniorliving.com/communities/sunrise-of-naperville/about.aspx">www.sunriseseniorliving.com/communities/sunrise-of-naperville/about.aspx</a>          630-579-1400</p>
Sunrise of Naperville - North	<p>One of two communities on the Naperville Campus offering a variety of care including assisted living, short-term stays, coordination of hospice care, as well as care for Alzheimer’s and dementia.</p> <hr/> <p>535 W. Ogden Ave., Naperville, IL 60563  <a href="http://www.sunriseseniorliving.com/communities/sunrise-of-naperville-north/about.aspx">www.sunriseseniorliving.com/communities/sunrise-of-naperville-north/about.aspx</a>          630-305-9400</p>
The Springs at Monarch Landing	<p>The Springs at Monarch Landing offers rehabilitation, memory support assisted living, enriched living, respite, and skilled care</p>

# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

	2308 N. Route 59, Naperville, IL 60563 <a href="http://www.thespringsatmonarchlanding.com">www.thespringsatmonarchlanding.com</a> 630-300-1200
Meadowbrook Naperville	720 Raymond Drive, Naperville, IL 60540 630-355-0220
Alden Courts of Waterford	Semi/private rooms, meals, full daily activities and highly skilled staff trained to assist with bathing, medication management, dressing and eating  1991 Randi Drive, Aurora, IL 60505 <a href="http://www.aldencourtsofwaterford.com">www.aldencourtsofwaterford.com</a> (630) 851-1466
Bright Oaks of Aurora	Private rooms, respite/short term stay, nurse on staff, dr. visits, secured courtyard, small pets  1340 River Street, Aurora, IL 60506 <a href="http://brightoaksseniorliving.com/">brightoaksseniorliving.com/</a> (630) 892-8800
Alden Gardens of Waterford	Residential home, semi/private room, 24 hour supervision care, hydration program, physical fitness activities, meals, specialized training staff  1955 Randi Drive, Aurora, IL 60504 <a href="http://www.aldengardensofwaterford.com/">www.aldengardensofwaterford.com/</a> (630) 851-1880
Sunrise of Bloomington	Residential home, semi/private room, respite/short term stay, nurse on staff, doctor visits, secured courtyard, small pets  129 E. Lake Street, Bloomington, IL 60108 <a href="http://www.sunriseseniorliving.com">www.sunriseseniorliving.com</a> (630) 295-8600
Autumn Leaves of Bolingbrook	Choice of private or companion apartment floor, trained licensed Nurses, nutritious meals a day, assistance with daily activities with dressing, bathing, hygiene, and mobility

# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

	<p>351 Lily Cache Lane, Bolingbrook, IL 60440  <a href="http://www.autumnleaves.com">www.autumnleaves.com</a>            (888) 662-8886</p>
Atria at River Trail	<p>Residents receive assistance with medication management, activities of daily living all in a secure environment 24 hours.</p>
	<p>370 N. Weber St, Bolingbrook, IL 60440  <a href="http://www.atriaseniorliving.com">www.atriaseniorliving.com</a>            331-253-6511</p>
Encore Memory Care at Bolingbrook	<p>Around-the-clock staff, 3 meals @ day, social, recreational activities: cooking/kitchen, gardening, housework, scrapbooking, puzzles, reading sorting &amp; organizing</p>
	<p>351 Lily Cache Lane, Bolingbrook, IL 60440  <a href="http://encore-memorycare.com/bolingbrook/">encore-memorycare.com/bolingbrook/</a>            630-759-0797</p>
Belmont Village at Geneva Road	<p>Prices all inclusive, semi/private room, respite/short term stay, nurse on staff, dr. visits, secured courtyard, small pets</p>
	<p>545 Belmont Lane, Carol Stream, IL 60188  <a href="http://www.belmontvillage.com/locations/geneva-road/">www.belmontvillage.com/locations/geneva-road/</a>            (630) 510-1515</p>
Windsor Park Manor	<p>Skilled nursing facility, short-term rehabilitation service, secured outdoor yard, silent paging system signals</p>
	<p>124 Windsor Park Drive, Carol Stream, IL 60188  <a href="http://www.windsorparkillinois.org">http://www.windsorparkillinois.org</a>            (630) 682-4491</p>
Birches Assisted Living	<p>Private rooms, respite/short term stay, nurse on staff, dr. visits, secured courtyard, small pets</p>
	<p>215 55th Street, Clarendon Hills, IL 60514  <a href="http://www.birches.net">www.birches.net</a>            (630) 789-1135</p>
Oak Trace	<p>Residential home, semi/private room, skilled nursing facility, respite/short term stay, nurse on staff, dr. visit, secured courtyard, small pets</p>
	<p>250 Village Drive, Downers Grove, IL 60516  <a href="http://www.oaktraceseniorliving.com/retirement-community-downers-">www.oaktraceseniorliving.com/retirement-community-downers-</a></p>

# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

	<a href="#">grove/</a> (630) 769-6200
Saratoga Grove- A Providence Life Service Community	Pricing all inclusive, private room, skilled nursing facility, respite/short term stay, nurse on staff, dr. visits, secured courtyard, small pets
	3460 Saratoga Avenue, Downers Grove, IL 60515 <a href="http://www.providenceliveservices.com">www.providenceliveservices.com</a> (630) 969-2900
Arden Courts of Glen Ellyn	Staffed trained professional nurses available 24-hours a day, assistance in arranging medical care, including physical rehabilitation services available
	2 S 706 Park Blvd, Glen Ellyn, IL 60137 <a href="http://www.arden-courts.com">www.arden-courts.com</a> (630) 469-5500
Atria Park of Glen Ellyn	Price all inclusive, semi/private room, respite/short term stay, nurse on staff, dr. visits, secured courtyard, small pets
	95 Carleton Avenue, Glen Ellyn, IL 60137 <a href="http://www.atriaseniorliving.com">www.atriaseniorliving.com</a> (630) 469-5555
Maple Glen Memory Care Community	Nurses on site 24-hr @ day, specialty care models are living well programming , music as therapy
	750 S. Park Blvd, Glen Ellyn, IL 60137 <a href="http://www.koelschseniorcommunities.com">www.koelschseniorcommunities.com</a> 630-474-2852
Brookdale of Glen Ellyn	Residential home, daily activities that promote practice of mental, physical daily life skills, community meals
	60 N Nicoll Avenue, Glen Ellyn, IL 60137 <a href="http://www.brookdale.com">www.brookdale.com</a> (630) 446-1600
Villa St Benedict	Residential home, private room, secured Alzheimer's/dementia unit, price dependent levels of care, age restriction, respite/short term stay, day services, scheduled transportation, small pet
	1920 Maple Avenue, Lisle, IL 60532 <a href="http://www.villastben.org">www.villastben.org</a> (630) 725-7000

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Brookdale of Lisle	An apartment-like homes, safety features, and the comfort of caring staff. Programs provides a daily path of engagement that will allow you to flourish.
	1700 Robin Lane, Lisle, IL 60532 <a href="http://www.brookdale.com/en/communities/brookdale-lisle/skilled-nursing.html">www.brookdale.com/en/communities/brookdale-lisle/skilled-nursing.html</a> 630-810-0500
Bickford - Oswego Cottage	Residential rooms, daily programs, activities and entertainment, secured courtyard, assistance with bathing, dressing and medicines, pet friendly
	3712 Grove Road, Oswego, IL 60543 <a href="http://www.enrichinghappiness.com">www.enrichinghappiness.com</a> (630) 554-8811
Harbor Chase of Plainfield	Price all inclusive, semi/private room, nurse on staff, dr. visits, secured courtyard
	12446 S Van Dyke Road, Plainfield, IL 60585 <a href="http://www.harborchase.com">www.harborchase.com</a> (815) 267-3510
American House Cedarlake Village	Meals/meals options, balance activities that stimulate sense, encourage socialization & nurture spirit, replicate routines, housekeeping, covered parking, small pets
	14804 S Van Dyke Road, Plainfield, IL 60544 <a href="http://www.americanhouse.com">www.americanhouse.com</a> (815) 267-9153
Senior Star at Weber Place	Price all inclusive, private room, respite/short term stay, nurse on staff, dr visits, secured courtyard, small pets
	605 Edward Drive, Romeoville, IL 60446 <a href="http://www.seniorstar.com">www.seniorstar.com</a> (815) 439-2033
Autumn Leaves of St. Charles	24/7 residential living in a private or companion rooms, trained nurses, personalized memory care activities, recreational activities, physical exercise
	10 N. Peck Rd, St. Charles, IL 60175 <a href="http://www.autumnleaves.com">www.autumnleaves.com</a> (630) 485-4510

# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

Brighton Gardens of St. Charles	Team trained to value each senior and to recognize their different preferences and needs, meals, trained staff 24 hours a day, physical fitness
	600 Dunham Road, St Charles, IL 60174 <a href="http://www.sunriseseniorliving.com">www.sunriseseniorliving.com</a> (630) 587-6120
Brighton Gardens of Wheaton	Residential home, semi/private rooms, respite/short term stay nurse on staff, dr. visits, secured courtyard, small pets
	831 E Butterfield Road, Wheaton, IL 60189 <a href="http://www.sunriseseniorliving.com">www.sunriseseniorliving.com</a> (630) 681-1234
Sunrise of Willowbrook	Residential home, semi/private room, respite/short stay term stay, nurse on staff, dr. visits, secured courtyard, small pets
	6300 Clarendon Hills Road, Willowbrook, IL 60527 <a href="http://www.sunriseseniorliving.com">www.sunriseseniorliving.com</a> (630) 734-9954
Cedarhurst of Naperville / Woodridge	Private studio, 1 and 2 bedroom apartments, licensed nurses, professional, caregiving staff 24 hours daily.
	3333 75th Street, Woodridge, IL 60517 <a href="http://www.cedarhurstLiving.com">www.cedarhurstLiving.com</a> (630) 313-4992 or 630-442-1525

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# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

## IX. Other Mental Health Resources

DuPage County Crisis Services	Assists with urgent mental health issues that require immediate attention, including those that may require hospitalization. Also provides psychiatric evaluations and short-term crisis counseling intervention.
	115 N. County Farm Road, Wheaton, IL 60187 <a href="http://www.dupagehealth.org/183/Crisis-Services">www.dupagehealth.org/183/Crisis-Services</a> (630) 627-1700
Rush Memory Clinic, Rush Alzheimer's Disease Center	Comprehensive geriatric assessments and family consultation.
	600 S. Paulina Street, Suite 130, Chicago, IL 60612 <a href="http://www.rush.edu/services/memory-clinic">www.rush.edu/services/memory-clinic</a> (312) 947-7232
Linden Oaks Behavioral Health	Geriatric assessment for individuals with signs and symptoms of dementia for evaluation and referral. Available 24 x 7.
	801 S. Washington Street, Naperville, IL 60540 <a href="http://www.edward.org/lindenoaks">www.edward.org/lindenoaks</a> (630) 305-5500
Ecker Center for Mental Health	Provides an array of mental health services to those with mental illness including intervention, recovery, crisis, psychiatric, outpatient, residential, case management and more.
	409 Illinois Ave Unit 1A, St. Charles, IL 60174 <a href="http://www.eckercenter.org">www.eckercenter.org</a> (847) 695-1265
Kane County Behavioral Health Council	A strategic partnership of caring organizations striving to improve the quality of life in Kane County.
	1240 Highland Ave., Aurora, IL 60506 <a href="http://www.kanecountymentalhealth.org">www.kanecountymentalhealth.org</a> (630) 966-9393
National Alliance on Mental Illness (NAMI) of DuPage County	Provides education, advocacy and support group programs for people living with or impacted by mental illness. Call or visit their web page to find a program near you.

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	<p>115 N. County Farm Road, Wheaton, IL 60187  <a href="http://www.namiillinois.org">www.namiillinois.org</a>            (800) 752-0066</p>
<p>Advocate Good Samaritan Hospital</p>	<p>Evaluation and diagnostic mental health services for older adults who suffer from depression and chronic behavioral issues associated with dementia</p>
	<p>3815 Highland Avenue, Downers Grove, IL 60515  <a href="http://www.advocatehealth.com/gsam/">www.advocatehealth.com/gsam/</a>            (630) 275-5900</p>
<p>Thomson Memory Center</p>	<p>Comprehensive diagnostic testing for memory, attention and learning problems.</p>
	<p>17W662 Butterfield Road, Suite 302, Oakbrook Terrace, IL 60181  <a href="http://www.thomsonmemory.com">www.thomsonmemory.com</a>            (847) 469-7537</p>

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# DEMENTIA FRIENDLY NAPERVILLE RESOURCE GUIDE

## Appendix 1

### Alzheimer's Association 24/7 Helpline<sup>1</sup>

The Alzheimer's Association® 24/7 Helpline (800.272.3900) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.

#### Contact the Helpline day or night to:

- Speak confidentially with master's-level care consultants for decision-making support, crisis assistance and education on issues families face every day.
- Learn about the symptoms of Alzheimer's and other dementias.
- Find out about local programs and services.
- Get general information about legal, financial and care decisions, as well as treatment options.
- Receive help in your preferred language through our bilingual staff or translation service, which accommodates more than 200 languages.
- Dial 711 to connect with a TRS operator.

#### Our professional staff has the knowledge to address a variety of topics:

- Memory loss, dementia and Alzheimer's disease.
- Medication and treatment options that may delay clinical decline or help temporarily address symptoms for some people.
- Safety issues.
- Tips for providing quality care.
- Recommendations for finding quality care providers.
- Strategies to reduce caregiver stress.
- Legal and financial documents for future care.
- Aging and brain health.
- Referrals to local community programs and services.

#### Three ways you can connect with our Helpline:

1. **Call us.** We are available around the clock, 365 days a year at 800.272.3900. Dial 711 to connect with a TRS operator.
2. **Chat with us.** Visit [alz.org/helpline](https://alz.org/helpline) and click the "Live Chat" green button on the page to connect with a member of our Helpline staff. Live chat is typically available from 7a.m.-7p.m. (CST) Monday through Friday.
3. **Online.** Complete the form found at [alz.org/contact us](https://alz.org/contact-us) to let us know how we can help you. We will respond to you within 24 hours.

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